



INITIAL FINDS  
FIND YOUR FIT FIND YOUR BALANCE

# FIXED OR GROWTH MINDSET?

Select and sort the phrases into the correct column below

Someone with a  
Fixed Mindset

Someone with a  
Growth Mindset

- Loves a challenge

- Gives up easily

- Won't try new and hard things

- Likes to try new things

- Is inspired when other do well

- Believe effort helps them learn

- Keeps trying until they can do it

- Believe if they don't try they won't make a mistake